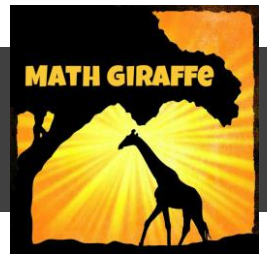


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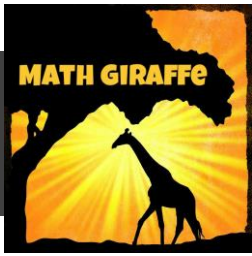
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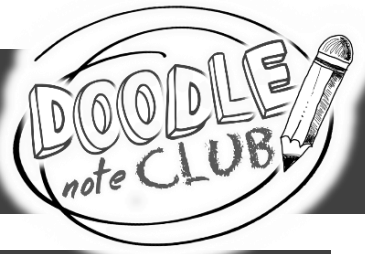
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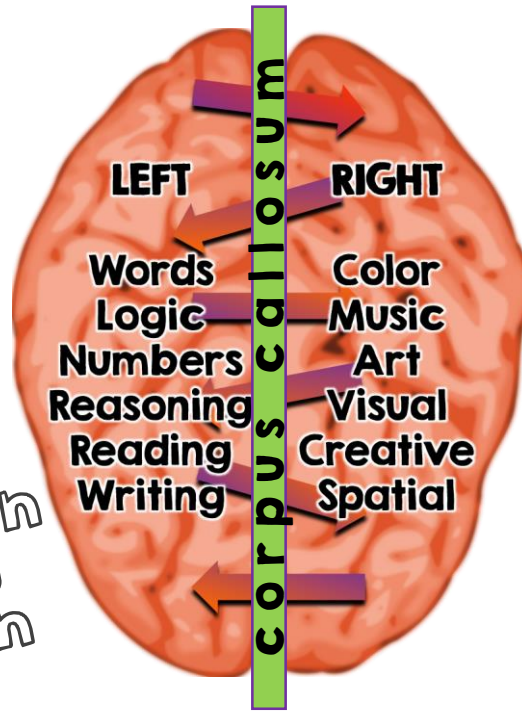




Brain Benefits



Memory
Focus
Relaxation
Problem Solving
Attention
Creativity
Energy
Alertness
Concentration
Engagement
Coordination
Retention



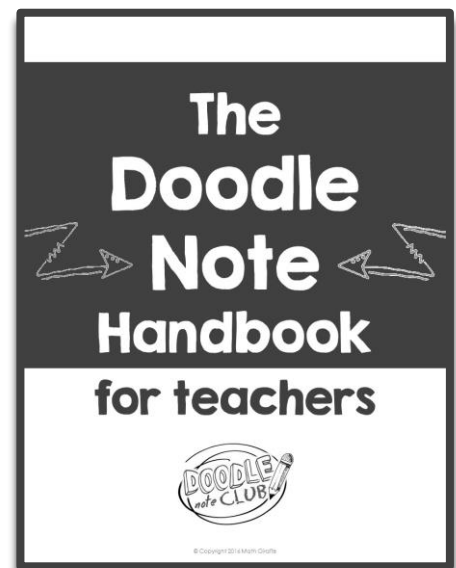
Integrating doodle notes into the classroom experience activates both hemispheres of the brain at the same time. When a student engages in coloring, doodling, or artistic embellishment of their lesson material, the two sides of the brain work together.

How to Use Doodle Notes

Maximize your students' retention, focus, and more!

Learn all about the brain-based doodle note strategy ...

**Download your
FREE Doodle Note
Handbook [here](#)**



SELF EVALUATION

My effort & work ethic were...

Other reflections:

To be proud of:

To improve:

My grades ...

My behavior...

GOAL SETTING

Brainstorming



Goal Ideas

Narrow down / focus:

A strong goal is:

S
M
A
R
T



How
Will I
measure?



How
much
time?

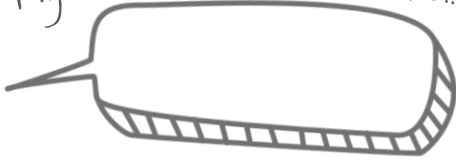


Print Name:

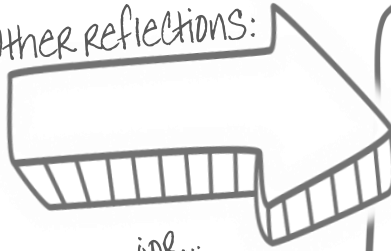
Signature:

SELF EVALUATION

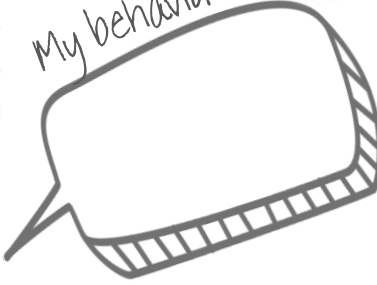
My effort & work ethic were...



Other reflections:

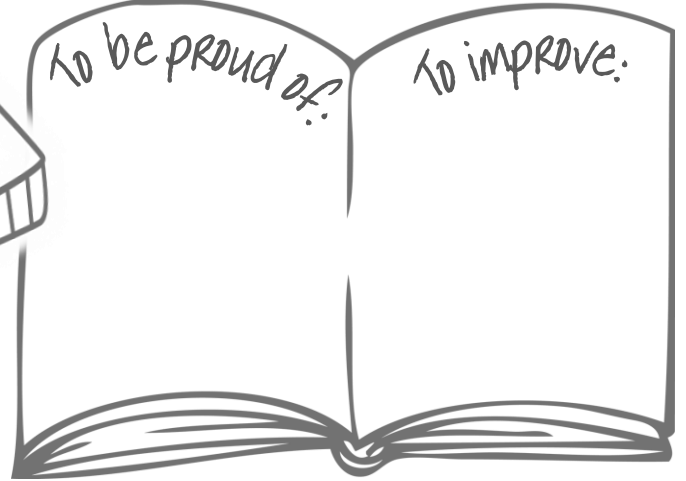


My behavior...



To be proud of:

To improve:



My grades ...



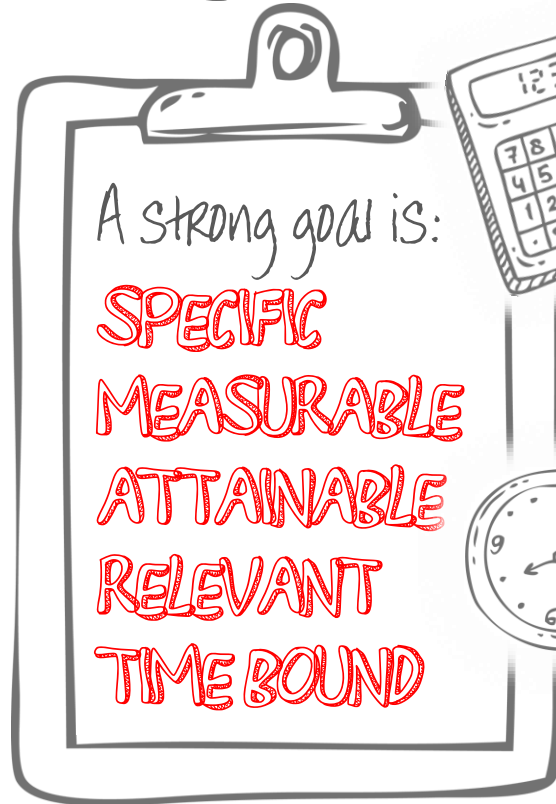
GOAL SETTING

Brainstorming



Goal Ideas

Narrow down / focus:



A strong goal is:

SPECIFIC
MEASURABLE
ATTAINABLE
RELEVANT
TIME BOUND



How
Will I
measure?



How
much
time?



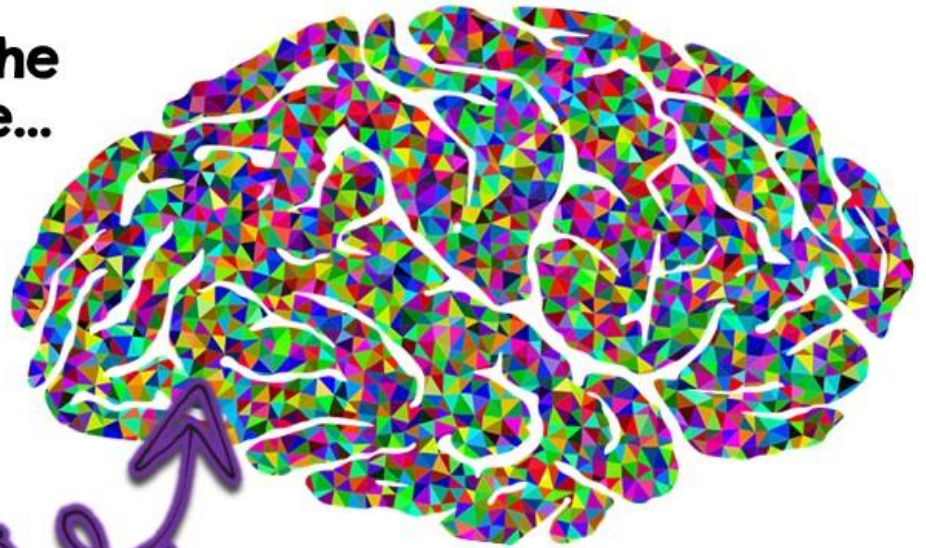
Print Name:

Signature:

DOODLE NOTES

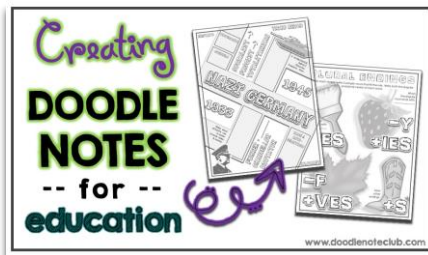
ACTIVATE both hemispheres of the brain to increase...

- ☐ relaxation
- ☐ memory
- ☐ excitement
- ☐ focus
- ☐ engagement
- ☐ retention
- ☐ learning



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More Math Doodle Notes (click [here](#))

